



WHAT CAN MY HOME HEALTH AIDE DO FOR ME?

The following table describes tasks the Home Health Aide is permitted and also not permitted to perform. This is only a guideline and the actual tasks your home health aide may perform will be identified by the Field Nurse Supervisor on your individualized Plan of Care that is kept in your home.

A HOME HEALTH AIDE CAN

Bathe you
Shampoo and comb your hair
Clean and file your nails
Provide or assist you with oral care
Provide skin care (on unbroken skin only)
Assist you with getting dressed
Take and log your vital signs
Assist you to ambulate
Transfer you from your bed to a chair
Assist you with toileting
Position you in bed
Prepare your meals
Feed or assist you in eating
Assist with your therapy exercise plan
Change your linens
Tidy up your immediate surroundings
Do light housekeeping
Do dishes and laundry for you
Accompany you outdoor for errands and
Appointments

A HOME HEALTH AIDE CANNOT

Perform nursing duties
Perform glucose testing
Cut your fingernails or toenails
Apply heat or cold of any kind
Prepare or administer medications
Interpret medical information
Do banking or assist with writing checks
Open mail if you are not present
Perform heavy housework (cleaning windows, curtains, moving heavy furniture, cleaning entire house)
Assist in the preparation of or witness any
Advance Directive or Will

STAY IN YOUR HOME IF YOU ARE NOT PRESENT

Your Plan of Care will be customized to meet your individual needs and will be formulated by your (and/or family) and the nurse. The nurse communicates frequently with the home health aide and if necessary, your physician, to update your plan of care. **The aide may not perform any task not listed on your Plan of Care.**