

# Jobs for Kids BY AGE

## 2-3 Years Old

WIPE DOWN KITCHEN CHAIRS AND STOOLS WITH A DAMP SPONGE  
 CARRY IN THE NEWSPAPER OR MAIL  
 PICK UP TOYS AND CLOTHES  
 WASH TABLES AND COUNTERS WITH A DAMP SPONGE  
 TAKE CLOTHES TO HAMPER  
 FOLD WASHCLOTHS  
 WASH VEGETABLES, TEAR LETTUCE, STIR  
 HELP SET THE TABLE – NAPKINS, SILVERWARE, UNBREAKABLE PLATES  
 FEED THE PETS AND REFILL WATER (BE SURE TO PROVIDE TRAINING!)  
 HELP CLEAN OWN PLACE AT THE TABLE  
 HELP PUT GROCERIES AWAY AT KID FRIENDLY LEVEL  
 STACK BOOKS & MAGAZINES  
 UNLOAD SPOONS AND FORKS FROM DISHWASHER



## 4-5 Years Old

**SAME AS PREVIOUS LIST PLUS...**  
 MAKE OWN BED – USE A SIMPLE COMFORTER  
 HELP FOLD TOWELS  
 CLEAN OWN BATHROOM SINK WITH WIPES  
 WATER PLANTS (PROVIDE TRAINING ON HOW MUCH WATER)  
 PREPARE SIMPLE BREAKFAST/LUNCH AND CLEAN UP  
 POLISH SILVER (WEARING GLOVES)  
 EMPTY SMALL TRASHCANS AROUND THE HOUSE  
 SORT WHITE CLOTHES FROM DARK CLOTHES FOR LAUNDRY  
 HELP WITH VACUUMING, SWEEPING AND DUSTING  
 TRANSFER CLOTHES FROM THE WASHER TO THE DRYER  
 "SWIFFER" THE FLOOR  
 YARD WORK: PICK UP STICKS, PULL WEEDS  
 USE HANDHELD VACUUM FOR SPILLS MESSSES



## 6-8 Years Old

**SAME AS PREVIOUS LISTS PLUS...**  
 WASH DISHES; LOAD AND UNLOAD DISHWASHER  
 SIMPLE MEAL PREPARATION – SALADS, DESSERTS  
 HELP CHANGE BED SHEETS & PUT DIRTY SHEETS IN LAUNDRY  
 PACK LUNCH FOR SCHOOL  
 IRON CLOTH NAPKINS  
 FOLD SIMPLE LAUNDRY ITEMS AND PUT THEM AWAY  
 DUST BASEBOARDS  
 VACUUM & DUST FURNITURE  
 WALK PETS DAILY  
 MOP THE FLOOR AFTER INITIAL TRAINING  
 GET HIMSELF UP IN THE MORNING WITH AN ALARM CLOCK  
 RAKE LEAVES  
 PUT GROCERIES AWAY



QUESTIONS? [INFO@POSITIVEPARENTINGSOLUTIONS.COM](mailto:INFO@POSITIVEPARENTINGSOLUTIONS.COM)

POSITIVE PARENTING SOLUTIONS PROVIDES A COMPREHENSIVE ONLINE PARENTING COURSE AND UNPARALLELED PROBLEM SOLVING SUPPORT FOR PARENTS OF TODDLERS TO TEENS.

*Get Kids to Listen without Nagging Reminding Or Yelling*

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# Jobs for Kids BY AGE

## 9-11 Years Old

**SAME AS PREVIOUS LIST PLUS...**

- IRONING OWN CLOTHES
- HOUSEHOLD MAINTENANCE – CHANGE LIGHT BULBS, BATTERIES
- FOLD ALL OF OWN LAUNDRY AND PUT IT AWAY
- MORE DETAILED HOUSEHOLD CLEANING – REFRIGERATOR, TOILETS
- WASH CAR & VACUUM INSIDE OF CAR
- PLANT FLOWERS / GARDEN ITEMS AT CHANGE OF SEASON
- ASSIST YOUNGER SIBLINGS WITH HOMEWORK / READING
- BATHE AND GROOM PETS
- WEEKLY TRASH DUTIES – GATHER TRASH & TAKE DUMPSTER OUT
- ORGANIZE CLOSETS AND DRAWERS
- COMPARISON SHOP FOR GROCERIES



## 12-14 Years Old

**SAME AS PREVIOUS LIST PLUS...**

- CHANGE BED SHEETS INDEPENDENTLY
- LAUNDRY START TO FINISH
- WASH INDOOR WINDOWS AND LOWER OUTDOOR WINDOWS
- MOW LAWN, RAKE LEAVES, SPREAD MULCH
- ADMINISTRATIVE TASKS IN PARENTS' BUSINESS
- PREPARE FAMILY MEAL 1 DAY/WEEK – SIMPLE MENU'S
- MANAGE FAMILY RECYCLING EFFORTS
- BABYSIT SIBLINGS FOR SHORT PERIODS
- HAVE TOTAL RESPONSIBILITY FOR FAMILY PETS
- PLAN ROUTE FOR FAMILY OUTINGS IN CONSULTATION W/DRIVER
- CLEAN SHOWER, TUB AND TOILET



## 15+ Years Old

**SAME AS PREVIOUS LISTS PLUS...**

- BABYSIT SIBLINGS FOR LONGER PERIODS
- FAMILY ERRANDS
- MOP FLOORS
- BALANCE PERSONAL CHECKBOOK
- MAINTAIN THE FAMILY CARS
- HELP WITH FAMILY BUDGETS



\*ADAPTED FROM KATHRYN J. KVOLS, "REDIRECTING CHILDREN'S BEHAVIOR"

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