



2215A Schneider Ave
Menomonie, WI 54751
715-235-8404

HYDROTHERAPY

Hydrotherapy is a treatment that increases blood flow and reduces contamination of a wound. Warm water dilates tiny, localized vessels, surrounding the injured tissue and washes away bacteria (infection) from the site. This encourages faster healing, and warm water massages the area to make it feel better.

To do hydrotherapy at home, all you need is a sink or tub with a movable sprayer head and warm water.

Start by warming the water until it is comfortable on your own skin, then place pet in the tub or sink so that you can access the area of the injury. Spray directly on the area for at least 10-15 minutes, while closely monitoring the temperature of the water. Studies have shown that 10-15 minutes is most effective, but hydrotherapy lasting longer than 15 minutes is not any more helpful. Carefully blot the area dry with a towel.

Repeat this treatment once or twice a day until the area is healed and looks normal.