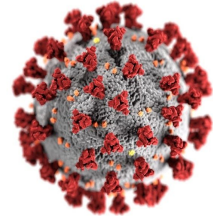




Hello Everyone,

Many common oral bacteria associated with gum disease can also lower your immune system, that increases your chances of getting the cold and flu viruses like COVID-19



We wanted to let you all know that we are taking great precautions during the Covid -19 crisis. It is important for us that our staff and our patients stay healthy and safe during this time. Here are some of the actions we have taken:

1. Our staff has been thoroughly briefed on how to handle this condition and is screening any patient who is walking into our office. We have advised all patients, including staff to not come to the office if they have flu like symptoms. This is how We routinely operate as an effort to ensure the health and safety of the public at all times.
2. Each clinical staff is required, as always, to wash their hands with soap and water after each patient and every time they use the restroom. There is ample hand sanitizer in our office as well but there is no substitute for good hand washing.
3. Our common areas are being cleaned on the clock regularly with antibacterial cleaning supplies so that there is no buildup or cross contamination of any kind.
4. As always, we have a zero-tolerance policy on our sterilization and infection control protocols. This means that I do not, in any circumstances tolerate any breach in our sterilization and infection control protocols and any staff that breaches this is terminated immediately. Our patient safety is most important to us. We only work with the best staff; this has never happened at our office! I however have strictly reinforced this to our staff again as we are not taking any chances.
5. I have advised our staff to stay home if they develop flu-like symptoms to minimize the potential that our staff or patients get sick. There may be times that we may be short

staffed because of this and you may have a longer wait time at our office than usual. We have decided not to hire any temp staff from the temping agency for last minute coverage so that we maintain better control of our environment.

6. We are aware that there is an acute shortage of gloves and masks and the Center for Disease control has issued a statement that this may continue for the next 6 months. We can assure all our patients that our practice is not facing this shortage. at this time as our manager and I have great long-term relationships with our local suppliers, and we are fully stocked to help our patients.

To our patients and public we ask that you work on keeping your immune system healthy. Take your vitamins, eat healthy, eat at home if possible. This will ensure less chances of exposure to the flu and faster healing time if exposed. Our staff has been advised to do the same.

Lastly it is important to us that all of our patients get any active infection taken care of. This includes treatment for gum disease, cavities, infected teeth that need root canals and wisdom teeth that are starting to hurt. Viruses cannot survive if a person is healthy.

Active infection will reduce a person's immunity. In order for you to be protected it is important to us that even if heavens forbid you get exposed or get the virus your body is strong enough to fight it. Anything that compromises this will end up being a potential health issue.



Oral hygiene is important year-round but is especially important during the flu season. It should be a part of a comprehensive approach to the preservation of health and avoidance of illness.

We would like to wish you all health and strength. I want you to know that if you have any concerns you can always call me and talk to me and I would be happy to help you in every way that I can.

Lots of Healthy thoughts,

Dr. Gerardo Mercado DDS.
Mid-City Dental

