



Before Surgery Instructions

Surgery Date: _____ Arrival Time: _____

Please follow the instructions below to prevent a delay of your surgery and to ensure a pleasant experience at our Center. Thank you.

- **Do not** eat or drink anything after midnight before surgery.
- **Do not** take diabetic medications the morning of surgery.
- **Do not** use make up, lotions, or creams three days prior to surgery.
- **Do not** drink alcohol the night before or the morning of surgery.
- **Do not** smoke the morning of surgery.

- ***Do not** take Aspirin/ Blood Thinners/ Ibuprofen prior to surgery *
 This does not apply to cataract patients

- **Do** take your regularly scheduled morning med the day of surgery with a small sip of water (no diabetic meds please).
- **Do** bring your diabetic meds to surgery.
- **Do** arrive with your questionnaire and medication list completed (front and back).
- **Do** bring a copy of any Living Will or Medical Power of Attorney if available.
- **Do** be sure to have a driver, since you will be sedated for surgery and unable to drive yourself home. Driver must remain on-site at all times please.

After surgery, you will be brought out from the OR to a recovery area and monitored for a period of time. During this time your driver will be asked to come back to the recovery area to listen to post operative instructions.

After surgery, you will not be able to bend over more than a few seconds at a time or lift over 15 pounds for one week.

(2nd Eye) Surgery

Surgery Date: _____ Arrival Time: _____