

### HEALTH HISTORY FORM

Patient Name \_\_\_\_\_ Account Number \_\_\_\_\_ Date \_\_\_\_\_  
Age \_\_\_\_\_ Birthdate \_\_\_\_\_ Date of last physical examination \_\_\_\_\_

**SYMPTOMS** *Check symptoms you currently have or have had in the past year.*
**GENERAL**

- ☐ Weight change  
☐ Chills  
☐ Facial pain  
☐ Feeling tired or poorly (malaise)  
☐ Forgetfulness  
☐ Fever  
☐ Headache  
☐ Lump or swelling in the neck  
☐ Numbness  
☐ Neck stiffness  
☐ Fainting  
☐ Night sweats  
☐ Excessive sweating

**MUSCLE/JOINT/BONE**

- ☐ Joint Pain: ☐ Bone Pain:  
☐ Arms ☐ Hips  
☐ Back ☐ Legs  
☐ Feet ☐ Neck  
☐ Hands ☐ Shoulders

**NEUROLOGICAL**

- ☐ Anxiety ☐ Vertigo  
☐ Dizziness  
☐ Sensory Disturbances  
☐ Motor Disturbances  
☐ Sleep disturbances  
☐ Other: \_\_\_\_\_

**GASTROINTESTINAL**

- ☐ Appetite decreased  
☐ Bloating  
☐ Constipation  
☐ Difficulty swallowing  
☐ Excessive thirst (Polydipsia)  
☐ Excessive hunger (Polyphagia)  
☐ Bruise easily  
☐ Gas (Flatus)  
☐ Heartburn  
☐ Abdominal pain  
☐ Nausea  
☐ Diarrhea  
☐ Rectal bleeding  
☐ Vomiting  
☐ Vomiting blood

**SKIN DISORDERS**

- ☐ Acne ☐ Shingles  
☐ Actinic Keratosis (precancers)  
☐ Change in moles  
☐ Eczema ☐ Warts  
☐ Itching (Pruritus)  
☐ Keloids ☐ Vitiligo  
☐ Lupus  
☐ MRSA Date: \_\_\_\_\_  
☐ Psoriasis ☐ Rosacea  
☐ Skin Cancer: Type \_\_\_\_\_  
☐ Scabies ☐ Other: \_\_\_\_\_

**EYE, EAR, NOSE, THROAT**

- ☐ Bleeding gums  
☐ Blurred vision  
☐ Crossed eyes (Strabismus)  
☐ Double vision (Diplopia)  
☐ Ear discharge  
☐ Earache  
☐ Eyes- sensitive to light  
☐ Hearing loss  
☐ Hoarseness  
☐ Itching of the eyes  
☐ Loss of hearing  
☐ Nasal Discharge  
☐ Nosebleeds (Epistaxis)  
☐ Ringing in ears (Tinnitus)  
☐ Sinus pain  
☐ Vision – Flashes (Photopsia)

**CARDIOVASCULAR/PULMONARY**

- ☐ Chest pain or discomfort  
☐ Cough  
☐ Coughing up blood (hemoptysis)  
☐ Fast heart rate  
☐ Palpitations  
☐ Shortness of breath  
☐ Varicose veins  
☐ Wheezing

**GENITOURINARY**

- ☐ Blood in urine (Hematuria)  
☐ Frequent urination (Polyuria)  
☐ Lack of bladder control  
☐ Painful urination (Dysuria)  
☐ Other \_\_\_\_\_

**MEN ONLY**

- ☐ Breast lump  
☐ Erection difficulties  
☐ Lump in testicles  
☐ Penis discharge  
☐ Other \_\_\_\_\_

**WOMEN ONLY**

- ☐ Hot flashes  
☐ Nipple discharge  
☐ Vaginal discharge  
☐ Other \_\_\_\_\_

Date of last menstrual period \_\_\_\_\_

Have you had a Mammogram Within the last year? \_\_\_\_\_

Have you had a Pap Smear Within the last year? \_\_\_\_\_

Are you pregnant? \_\_\_\_\_

If yes, indicate due date \_\_\_\_\_

Are you planning pregnancy? \_\_\_\_\_

Are you using birth Control? \_\_\_\_\_ Type \_\_\_\_\_

Number of children \_\_\_\_\_

**GENERAL HEALTH CONDITIONS** *Check general health conditions you have or have had in the past.*

- |   |   |   |   |
|---|---|---|---|
| <input type="checkbox"/> AIDS                           | <input type="checkbox"/> Depression                               | <input type="checkbox"/> HIV                          | <input type="checkbox"/> Scarlet Fever  |
| <input type="checkbox"/> Alcoholism                     | <input type="checkbox"/> Emphysema                                | <input type="checkbox"/> Kidney Disease: Type _____   | <input type="checkbox"/> Seizures   |
| <input type="checkbox"/> Anemia                         | <input type="checkbox"/> Epilepsy                                 | <input type="checkbox"/> Liver Disease: Type _____    | <input type="checkbox"/> Sexually Transmitted Disease: Type _____                                       |
| <input type="checkbox"/> Anorexia                       | <input type="checkbox"/> Glaucoma                                 | <input type="checkbox"/> Heart Attack Date: _____     | <input type="checkbox"/> Stroke   |
| <input type="checkbox"/> Autism                         | <input type="checkbox"/> Organ Transplant Type _____              | <input type="checkbox"/> Migraine Headaches           | <input type="checkbox"/> Suicide Attempt  |
| <input type="checkbox"/> Arthritis                      | <input type="checkbox"/> Donor <input type="checkbox"/> Recipient | <input type="checkbox"/> Miscarriage                  | <input type="checkbox"/> Thyroid Problems: <input type="checkbox"/> LOW / <input type="checkbox"/> HIGH |
| <input type="checkbox"/> Asthma                         | <input type="checkbox"/> Gout                                     | <input type="checkbox"/> Mononucleosis (Mono)         | <input type="checkbox"/> Stents Type: _____   |
| <input type="checkbox"/> Bleeding disorders: Type _____ | <input type="checkbox"/> Deep Vein Thrombosis                     | <input type="checkbox"/> Multiple Sclerosis           | <input type="checkbox"/> Tuberculosis   |
| <input type="checkbox"/> Bronchitis                     | <input type="checkbox"/> Heart Disease: Type _____                | <input type="checkbox"/> Mumps                        | <input type="checkbox"/> Typhoid Fever  |
| <input type="checkbox"/> Cancer: Type _____             | <input type="checkbox"/> Hepatitis: Type _____                    | <input type="checkbox"/> Pacemaker: Date _____        | <input type="checkbox"/> Stomach Ulcers   |
| <input type="checkbox"/> Cataracts                      | <input type="checkbox"/> Hernia                                   | <input type="checkbox"/> Pneumonia                    | <input type="checkbox"/> Vaginal Infections: Type _____   |
| <input type="checkbox"/> Chemical Dependency            | <input type="checkbox"/> Herpes: Type _____                       | <input type="checkbox"/> Polio                        | <input type="checkbox"/> Artificial Joint Type: _____   |
| <input type="checkbox"/> Chicken Pox                    | <input type="checkbox"/> High Blood Pressure                      | <input type="checkbox"/> Prostate Problem: Type _____ | <input type="checkbox"/> Other: _____   |
| <input type="checkbox"/> Diabetes: Type _____           | <input type="checkbox"/> High Cholesterol                         | <input type="checkbox"/> Rheumatic Fever              |   |