

ACTINIC KERATOSES

Actinic keratoses (AKs) are common skin lesions. Caused by years of sun exposure, AKs also are called “solar keratoses” or “sun spots.” Fair-skinned people are more susceptible, and AKs tend to appear on skin that receives the most sun. The forehead, ears, neck, arms, hands, lower lip, a bald scalp, and lower legs of women are common sites. No matter where AKs develop, they are considered the earliest stage in the development of skin cancer.

[Read more about actinic keratoses on the ActinicKeratosesNet website.](#)