

# LA BELLA VITA Catering

*La Bella Vita Catering's signature Hors D'oeuvres.  
Here are some of our favorites!*

- ☞ La Bella Vitas Signature Crab Cakes, fresh lump crab meat with a mix of spices and seasonings served golden brown with a roasted chili aioli
- ☞ Beef tenderloin crostini, thin slices of tenderloin atop a toasted slice of French bread with sweet gorgonzola cheese and caramelized onion
- ☞ Anti pasta platters. An assortment of cured meats, cheeses, olives, stuffed peppers and bread sticks all artfully plated to tantalize the palate and the eye.
- ☞ Mini grilled citrus marinated pork and vegetable skewers
- ☞ Mini chicken or beef skewers, pesto, teriyaki, curry, sweet and sour
- ☞ Lamb and beef meatballs served with a roasted red pepper yogurt sauce
- ☞ Buffalo and blue cheese meatballs with a sweet onion relish
- ☞ Shrimp and crab cheese wontons or puff pastries
- ☞ Thai grilled shrimp skewers with lime and sweet chili glaze
- ☞ Grilled marinated vegetable skewers
- ☞ Marinated eggplant crostini with fresh mozzarella
- ☞ Mini cucumber cups with an avocado and cream cheese filling
- ☞ Sweet pepper and hummus cups with feta cheese
- ☞ Mini spinach and herbed quiches
- ☞ Smoked salmon and brie rolls

*These are just some of our recommendations. Please feel free to pick from our lists or call and set up a consultation and explore your tastes and options. Let us help you create the menu you are looking for.*

*The menu items listed are all just to get your palate and appetite enticed. At La Bella Vita Catering we are very adaptable, whatever your looking for we can guarantee the best in quality and service.*

*For a free quote and consultation please call us we will be happy to help plan your next event.*

*Thank you,  
La Bella Vita Catering*

## *Salads*

- ☞ Mixed Green salad served with cherry tomatoes, green and yellow bell peppers, cucumbers, celery, red onion
- ☞ Classic Caesar salad, romaine lettuce, parmesan cheese, house made croutons with classic Caesar dressing
- ☞ Spinach salad, baby spinach, dried cherries, candied pecans, crumbled bacon, red onion served with a champagne vinaigrette
- ☞ Pasta salad Fusilli pasta, with black olives, green bell peppers, red onion, cauliflower, artichoke hearts, shredded parmesan cheese in a pesto vinaigrette.
- ☞ Classic potato salad, red potatoes scallions, red onions, garlic hard boiled eggs, celery in herbed cream dressing.
- ☞ Chicken and cucumber pesto salad, pulled chicken, cucumbers, artichoke hearts and red onion served over mixed greens with a pesto vinaigrette

## *Suggestions for entrées for hot buffet events*

- ☞ La Bella Vita's signature House made Fernet Branca Italian Sausage in a charred tomato Sauce
- ☞ La Bella Vita's Signature Crab Cakes served with a roasted chili aioli
- ☞ Espresso and chili rubbed beef tenderloin
- ☞ Roasted lemon and herb chicken breast
- ☞ Roasted pork tenderloin with savory garlic gravy
- ☞ Grilled salmon fillets with fennel and garlic butter
- ☞ Grilled vegetable penne pasta served in a light garlic cream sauces
- ☞ Traditional meat lasagna, layers of seasoned pork sausage ricotta cheese, spinach, mozzarella and pasta sheet with house marinara sauce
- ☞ Vegetarian lasagna, sautéed spinach, mushrooms, zucchini, yellow squash, onion, and broccoli layered with feta, pasta sheets with a roasted tomato sauce
- ☞ Baked Mac and Cheese. Fontina, feta, cheddar and swiss cheese with elbow macaroni baked golden brown
- ☞ Baked eggplant parmesan. Layers of eggplant, fresh mozzarella and basil in our house tomato sauce
- ☞ Chicken parmesan, breaded chicken breasts topped with provolone cheese and house tomato sauce

## *Suggested Side Dishes*

- ☞ Roasted red potatoes with herbed butter
- ☞ Potato gratin, thin slices of potatoes layered with fresh herbs and with fontina and cheddar cheese
- ☞ Garlic mashed potato with mushroom gravy
- ☞ Rice pilaf with carrots and parsley
- ☞ Wild rice with mushrooms and fresh herbs
- ☞ Assorted seasonal roasted vegetables
- ☞ Artisan Bread stuffing with gravy
- ☞ Baked sweet potatoes
- ☞ Risotto, seasonal or to your specifications
- ☞ Roasted beets and rutabaga