

UPPERCLASSMEN TOP TEN LISTS

10 YARD DASH

1	Derek Kasperzyk	1.41
2	Lucian Zingarella	1.5
3	Matt Clifford	1.53
3	Brody Ulrich	1.53
3	Kevin Cargos	1.53
3	Garrett Noonan	1.53
7	Logan Hitchcock	1.54
7	Dante Egidio	1.54
7	Jeff Allen	1.54
10	Evan Song	1.55

20 YARD DASH

1	Derek Kasperzyk	2.52
2	Jake Moscarelli	2.59
3	Jeff Allen	2.62
4	Troy Lefler	2.63
5	Matt Clifford	2.64
6	Kevin Cargos	2.66
7	Dante Egidio	2.68
7	Evan Song	2.68
9	Ryan Handelman	2.71
10	Samir Esposito	2.72
10	Brody Ulrich	2.72

40 YARD DASH

1	Derek Kasperzyk	4.48
2	Jake Moscarelli	4.5
3	Jeff Allen	4.72
4	Corey Sondak	4.77
5	Evan Song	4.8
6	Lucian Zingarella	4.81
7	Dante Egidio	4.83
8	Kevin Cargos	4.85
9	Ryan Costanzo	4.86
10	Brody Ulrich	4.87

VERTICAL JUMP

1	Jake Moscarelli	37.4"
2	Derek Kasperzyk	34.5"
3	Kevin Cargos	32.8"
4	Drew Tischer	32"
4	Corey Sondak	32"
6	Will Levis	31.8"
7	Oscar Carmona	31.3"
8	Drew Michaud	31"
9	Ben Solin	30.9"
10	Matt Clifford	30.5"
10	Ryan Handelman	30.5"

BENCH

Drew Tischer 1.65
267 lbs @ 162 lbs

PRO AGILITY

1	Derek Kasperzyk	4.13
2	Ben Solin	4.22
3	Jake Moscarelli	4.25
4	Jensen Colberg	4.37
5	Emily Clorite	4.4
6	Lucian Pizzonia	4.44
7	Garrett Noonan	4.45
8	Logan Hitchcock	4.5
8	Kyle McCarthy	4.5
10	Reid Sweitzer	4.52

MEDBALL THROW (10 lbs)

1	Jeff Allen	22'5"
2	Patrick Kerins	22'3"
3	Connor Peters	22"
4	Jack Six	20'8"
4	Lucian Zingarella	20'8"
6	Charlie Danaher	19'7"
7	Colin Parsch	19'3"
8	Ryan Handelman	19'
8	Will Levis	19'
10	Drew Tischer	18'4"

PRO AGILITY (SHUFFLE)

1	Ben Solin	4.75
2	Derek Kasperzyk	4.77
3	Jake Moscarelli	4.78
4	Jeff Allen	4.87
5	Dante Egidio	4.88
6	Garrett Noonan	4.89
7	Patrick Kerins	4.97
8	Johnhenry Andrus	5.06
9	Ian Slattery	5.09
10	Jack Six	5.19

STANDING LONG JUMP

1	Derek Kasperzyk	9'7"
2	Jake Moscarelli	9'4"
3	Lucian Zingarella	9'
3	Corey Sondak	9'
3	Will Levis	9'
6	Troy Lefler	8'11"
6	Jack Six	8'11"
8	Jehiel Bryant	8'9"
9	Drew Tischer	8'7"
10	Jeff Rider	8'6"
10	Samir Esposito	8'6"

STRENGTH INDEX

SQUAT

Jake Moscarelli 2.33
410 lbs @ 176 lbs

BENCH

1	Nick Moscato	343
2	Lucian Zingarella	300
3	Jack Six	270
4	Drew Tischer	267
5	Jake Moscarelli	260
5	Logan Hitchcock	260
5	Nick Anderson	260
8	John Portocarrero	254
9	Patrick Kerins	252
10	Connor Peters	249

SQUAT

1	Nick Moscato	466
2	Jake Moscarelli	410
3	Kyle McCarthy	374
4	Drew Tischer	366
5	Reid Sweitzer	355
6	Patrick Kerins	353
7	Jack Six	347
8	Mike Belliveau	343
9	Connor Peters	339
10	Evan Hilgert	334

HANG/ POWER CLEAN

1	Kyle McCarthy	263
2	Jake Moscarelli	254
3	Derek Kasperzyk	248
4	Reid Sweitzer	241
5	Jack Six	235
6	Drew Tischer	234
7	Jensen Colberg	207
8	Jehiel Bryant	205
9	Ben Solin	202
10	Eryk Derda	196

INDEX POINTS

1	Derek Kasperzyk	3688
2	Jake Moscarelli	3257
3	Jeff Allen	1717
4	Lucian Zingarella	1695
5	Jack Six	1629
6	Will Levis	1441
7	Kevin Cargos	1314
8	Drew Tischer	1288
9	Ryan Handelman	1234
10	Reid Sweitzer	1214

CLEAN

Derek Kasperzyk 1.59
242 lbs @ 152 lbs