

## Coronavirus Precautions and Guidelines

The Associates at Family & Personal Counseling Services are taking the following precautions to protect the health and well-being of our clients and clinicians while maintaining continuity of care. We are:

- Following updated disease transmission precautions outlined by the CDC.  
([www.cdc.gov/coronavirus/2019-ncov/community/guidance-businessresponse.html](http://www.cdc.gov/coronavirus/2019-ncov/community/guidance-businessresponse.html))
- Increasing environmental cleaning throughout our offices during the day and evening.
- Ensuring clinicians and staff are utilizing safe hygiene practices.
- Instructing clinicians to self-quarantine if they have flu-like symptoms, have traveled to high risk areas as defined by the CDC, or have had contact with anyone with COVID-19.
- Removing magazines and toys from our waiting rooms.
- Ensuring continuity of care by offering services through telehealth (video conference)  
Many health plans are currently covering behavioral health services provided by telehealth the same as in-office.

We request that clients who have flu-like symptoms, have traveled to high risk areas as defined by the CDC, or have had contact with anyone with COVID-19 please contact your therapist to change your appointment to telehealth and utilize online video conferencing from your home